

## One Day Course by Arrangement

Courses can be tailored to meet requirements, for example: •play leaders •NVQ's  
•Duke of Edinburgh Award.



Course Content	EFAW 1 day (6 hours)	FAW 3 day (18 hours)	REQ 2 day (12 hours)	Public Access Defib & CPR (3 hours)
Acting safely, promptly and effectively in emergency	•	•	•	•
Cardiopulmonary Resuscitation (CPR)	•	•	•	•
Treating an unconscious casualty (including seizure)	•	•	•	•
Defibs	•	•	•	•
Wounds and bleeding	•	•	•	
Shock	•	•	•	•
Minor injuries	•	•	•	
Choking	•	•	•	
Preventing cross infection, recording incidents and actions and the use of available equipment	•	•	•	
Fractures		•	•	
Sprains and strains		•	•	
Spinal injury		•	•	
Chest injury		•	•	
Severe burns and scalds		•	•	
Eye injuries		•	•	
Poisoning		•	•	
Anaphylaxis		•	•	
Heart attack		•	•	
Stroke		•	•	
Epilepsy		•	•	
Asthma		•	•	
Diabetes		•	•	

These Topics are not covered on the HSE Emergency First Aid at Work syllabus, so if these injuries or illnesses could occur, a full First Aider at Work should be provided.

# FIRST AID COURSES 2025

**All Course Fees are frozen at 2023 Prices**

Shropshire Council  
Training Location from 2025:  
The Lantern  
Meadow Farm Drive  
Shrewsbury  
SY1 4NG

Tel: (01743) 252819

Email: [health.safety@shropshire.gov.uk](mailto:health.safety@shropshire.gov.uk)

Registered  
Member



Details	First Aid at Work (FAW)	Re-Qualification (Requal)	Emergency First Aid at Work (EFAW)	Paediatric First Aid (PFA)	EFAW & EPFA	Public Access Defib & CPR
Target Audience	Provides a complete skill set needed by first aiders in most workplaces	Updates First Aid skills & renewal of the First Aid at Work (FAW)	Will help meet regulatory requirement for low-risk work environment	People working or looking after young children and infants	Course adapted for <b>School staff ONLY</b>	Raise confidence in First Aid trained and non-trained people
HSE Standards	All FAW courses meet the UK Health and Safety Executive (HSE) Standards and are recognised nationally.  					
Fee <i>*Not including VAT</i>	*£290 per person	*£215 per person	*£115 per person or *£880 per group of 12 additional candidates *£74 each	*£126 per person	*£210 per person	*£60 per person
<b><i>All Organisations outside Shropshire Council will be charged VAT.</i></b>						
Renewal	Same course every 3-years Except: (Requal) After initial completion of FAW & before current certificate expires					Annually
Duration	3-day (18 ours)	2-day (12 Hours)	1-day (6 Hours)	2-day (12 ours)	2-day (12 ours)	3-hour
Time	09.00 - 16.00					13.00 - 16.00
Location	Lantern Meadow Farm Drive Shrewsbury SY1 4NG ( <i>on-site by prior arrangement</i> )					

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Select the appropriate course for the workplace as informed by the findings of the employer's First Aid needs assessment.

**For Shropshire Council:** All courses can be found on the ERP Catalogue or contact the Health & Safety Team

**For Organisations outside Shropshire Council:** please contact the Health & Safety Team on

**Tel:** (01743) 252819 **or Email:** [health.safety@shropshire.gov.uk](mailto:health.safety@shropshire.gov.uk)

Month	First Aid at Work (FAW)	Re-Qualification (Requal)	Emergency First Aid at Work (EFAW)	Paediatric First Aid (PAEDS)	EFAW & PAEDS	Public Access Defib & CPR
January	21-23		17			<i>Upon Request</i>
February		18-19	24		25-26	"
March			10	27-28		"
April	07-09		3		29-30	"
May		7-8	15	13-14		"
June	03-05		11			"
July			22	15-16	10-11	"
August	12-14	05-06	19			"
September		22-23	30	08-09		"
October	14-16		21		07-08	"
November		24-25		13-14		"
December			2		9-10	"

*Additional viable courses can be discussed around this programme pending trainer availability*