

# Are unhealthy relationships and misogyny a concern in your school or community?

West Mercia Women's Aid, The RightPath and Everyone's Invited have partnered to deliver "The Young Person's Prevention Project", an education and community programme running across West Mercia to tackle misogyny and stereotypes.

## Who is the programme for?

The programme is available to all young people across West Mercia. The RightPath and Everyone's Invited will be running awareness raising sessions and workshops in Schools, while West Mercia Women's Aid will offer community based support, including but not limited to; youth groups, those not in employment, education or training (NEET), those who are home-schooled, looked after children and unaccompanied asylum seeking children.

## What does the programme include?

### In the community

Mentoring either via one to one support or group sessions will be offered for those less likely to access support through mainstream education. One to one support and group support typically includes 6-8 sessions but can be adapted to meet individual needs. These interventions can be used both with those who are at risk of harm and those who are at risk of causing harm.

Support workers build connections using a trauma informed approach to explore their understanding of domestic abuse, healthy relationships, gender based abuse and its impact.

### In schools

- Interactive talks to whole year groups on sexual wellbeing and healthy relationships, creating a space that speaks to young people in a language of their generation. Using real-life testimonies and pop culture references to make conversations relatable. An empathetic, non-judgmental approach ensures every young person feels seen and connected.
- More intensive support via 'Unspoken Truth'; small group sessions designed to teach young people how to think, not what to think, promoting reflection and honesty around topics such as domestic abuse, gender stereotypes, objectification, harmful sexual behaviour and healthy relationships. They enable development of core values essential to harbouring healthy relationships now and in the future.
- Training sessions equipping staff with the insights and tools needed for a whole-school approach to understanding healthy relationships. These sessions help empower staff to support the messages given to students, to have sensitive discussions and seek solutions.

## Further information and how to book

To be part of this programme, or to find out more please contact [prevention@wmwa.org.uk](mailto:prevention@wmwa.org.uk)  
Please note places are limited.